

104th May Call Celebrations, Bangalore
Discourse 1 by Master K. Parvathi Kumar
27th May, 2013



Hearty fraternal greetings to all the brothers and the sisters that have gathered here.

For all those who follow the path of Master CVV Yoga, this group life is a home coming. We come home to relax and nourish ourselves and get back again to conduct the work for the year. The same is for students. Ladies go with their children to their parents' house. So also for the spiritual students, they need to come back to the ashram of the Master at least once a year. Take a vacation and come and be in the presence of the Master, re-arrange the energies, re-orient and re-enter life with such renewed energies to do better than what we have done last year.

Unless we do better than the last year, we cannot say that we have progressed for the year. We need to show progress in our thoughts, in our speeches and in our daily routine. The impact of energies in us must find expression through our behaviour. It cannot be the same all the time. It has to be better year after year. So the Master makes it a point that every students remain in his presence at least once a year. The tradition says it should be 4 times a year; 3 days and 3 nights every quarter of a year. The quarterly progress is seen from both sides. Master is an observer and he observes the progress. The student has to demonstrate in terms of his thinking patterns, speeches, actions and routine. The whole purpose of association with a Master of wisdom is to re-orient and re-organise one's own energies so that we flower out better and distribute the fragrance around.

The Spiritual practice is a 2 fold practice – to receive and to distribute. There are so many practices to invoke subtle energy from the higher circles but the subtle energies shall have to be expressed through you and only then the purpose is served. These energies do not pass

through you because you are not in order. For many people, these practices cause congestion because there is much intake and there is no outlet. It is like you take much food and there is no defecation. It is constipation. Unless the energies are distributed to the surroundings in a humble way, one would not be in a position to receive the new influx of energies. That is why a Master of Wisdom, from time to time, chooses nodal points in the year for organising group lives. From the ancient point times we have the 2 equinoxes and 2 solstices as such nodal points. These are the 4 nodal points through which the energies of the sun are received and the planet gets magnetised and also the planetary beings. That is why these 4 nodal points become a part of student's life if he wants to tune to the system around oneself.

We are an individual system and a part of planetary system. The planetary system itself is a part of the solar system while the solar system is a part of the central sun system and the central sun system is a part of the cosmic sun system. So the whole creation is in order. We can experience the whole system only when our life is in order. Without order, there is no proper experience.

Likewise we have the 4 nodal points in a day. Likewise in a month we have new moon, full moon, 8th ascending phase of moon and 8th descending phase of moon. Adopt these higher systems which are around us, so that slowly we are attuned to the whole system. The whole game is attunement. When an iron piece is attuned to a magnet, it becomes a magnet because it has all the necessary ingredients in it to become a magnet. The only difference is in the arrangement of the atoms.

That is how from time to time rituals are conceived. We call as the 7th ray activity meaning an activity of ceremonial order and following the law as it exists in creation. We have the days, we have the lunations, and we have the 2 solstices and 2 equinoxes. So tune up and then thereby receive the higher energies by which one's own energies are uplifted. That is how from ancient most times, the rituals have been 20th and 21st March as Spring Equinox ritual, 20th and 21st June as Summer Solstice ritual, 21st and 22nd September as Vernal Equinox ritual and then there is the Winter Solstice happening around 22nd December. Three days around these 4 nodal points of time are considered to be days of initiation provided we understand what is happening on earth in relation to sun energy. It is wisdom by itself.

So we need to tune up to them and the original rituals have to be brought back. One of the recent efforts to bring back the age old rituals was done by Master CVV. He insisted his followers upon conducting prayers and meditation around the equinoxes and solstices. He invited his followers and conducted prayers during the nodal points in the day. We as followers should pick them up for practice.

Apart from that Master CVV gave 2 more days - May Call Day and December Call Day. These 6 meetings were arranged by him so that group meditations happen. On those days we should firstly keep ourselves free. Do not fix up appointments. We can have the general routine but do not have any other busy activities on those days. Otherwise we will not have time for prayer and meditation. We should utilise these days for deeper meditations. Daily meditations are anyway expected to be done. Apart from them, the meditations on these nodal points should be more intentful and intense and along with the group.

We replaced the Spring Equinox with Ugadi by following the lunar calendar. Ugadi has gained more significance than the equinox. The Vedic festival is Equinox and the traditional festival is Ugadi. We can celebrate festival on Ugadi but we should switch back to Equinox for meditations. The days of equinoxes and solstices, if followed according to the lunar calendar, change every year and there is no correlation with the Sun. Sun is the basis for our solar system. We should follow the equinoxes and solstices as per the solar calendar and not as per the lunar calendar. Sun represents our consciousness while moon represents our mind. Mind has its own digression. Moon does not move as stably as the Sun. It moves like a

crab. Mind is ever inconsistent and is fickle. Sun is more stable than the moon. Therefore for all occult practices, sun should be the basis. Rig Veda basis everything on sun and for certain personality purposes we evaluate the moon and try to guide the person through astrology. Man essentially lives in mind while he has a solar chamber and also a diamond chamber. If he stays in Buddhi, he is like sitting in a Golden Chair. If he is with his Atman, he is sitting in a diamond chair. There is a diamond chair and golden chair within you where you sit with great effulgence and stability. All practices are for the man, who is in mind (Moon) to move to Mercury (Buddhi) and then to Sun (soul – I AM consciousness). So all our practices should be based on the movement of the Sun.

During his 11 years of training the students, Master CVV introduced rituals on these 4 days and in tune with the teachings of the Master, the hierarchy also introduced the same through Madam Bailey. Madam Bailey in her books introduced these rituals to be very significant. Also we have the 2 days - May Call and December Call. These are the days on which Master may call you. He may also call you on other days as well based on your orientation. May Call is significant because it was the first day on which Master CVV distributed the energies he received from the higher system.

He received the energies on 31st March, 1910 and conducted experiments with them for 2 months and distributed those energies through sound via the throat centre on 29th May. Reception was in the month of Aries. The distribution of energies happened in Gemini. Why Gemini? Gemini is the month where Humanity is initiated by the Masters of Wisdom over aeons of time. The full moon of Gemini is therefore celebrated as the festival of Humanity and this has been re-introduced by Master DK through Madam Bailey. Festival does not mean preparing special foods, eating them and putting on new clothing. The inner significance of a spiritual festival is that you receive special spiritual food on that day and that food enables to form new clothing with you. Festival means to receive energies to prepare a new body within. It is a body of light. The body of flesh and blood is not sufficient for self realisation. It falls off in the journey and until you get a new body and recollect the past, you lose lot of time in relation to your practices to form a Golden body and a Diamond body. All our festivals have been conceived on those days where astrological it is very important. That apart, we have 4 festivals in relation to equinoxes and solstices and then the 'May Call' and 'December call'.

So Gemini being the month dedicated for the upliftment of humanity through the throat centre, it has been utilised by the seers for initiation from age-old times. Through the right utterance of sound, man can be uplifted by a teacher from his placement in the solar plexus to that of heart and later to the Agna centre. It is in tune with this, Master CVV utilised the same month for distribution of energies and conceived the May Call festival. Even Moses, Jesus and Pythagoras started their teachings in the month of Gemini. It is said to be the Pentecost day. It is because they knew the significance of Gemini. They knew the time Plan and their work was in tune with that Plan. If your activity is in tune with the greater plan, your activity gains longevity in relating to the Grand Plan. That is how certain days are most important and we need to tune up to them.

If we see Gemini in the reverse zodiac, Gemini forms the 10th house. The zodiac is seen the in anti clockwise direction for subjective purposes and vice versa. The inner travels can be gauged through the reversed wheel. The concept of the reverse wheel is not found in normal outer astrology. Only in the astrology coming from Masters of Wisdom, we have the reverse wheel. This has come through the books Esoteric Astrology coming from Master DK and Spiritual Astrology coming from Master EK. There are no other books mentioning this dimension of astrology in recent times. Whenever we see astrology, we have to see the reversed wheel as well. If you are intensely working on your inner side, your 8th house of death can become the 5th house of re-birth. The functions of the houses change in the reverse direction.

So Gemini is the 10th house in the reverse wheel. Taurus becomes 11th house and Aries becomes 12th house. 10th house is the house of fulfilment. If 10th house is well posited for a person, that person is said to have a fulfilled life. Similarly there is the 10th house in reverse direction. This 10th house ensures fulfilled subjective life.

So Master CVV chose 29th May as the day of initiation with an aim to ensure fulfilment for the humanity. That fulfilment is bestowed through Gemini. Therefore he decided to give it out in the month of Gemini. He was himself born on full moon hours of Leo. He could have given it on that day or he could have given it on Vaisakha full Moon Day. Why 29th May has to be noticed? It is on that he distributed this energy with the basic idea of fulfilling the human beings. He was very fond of the word 'fulfil'. He used to say that in the world fulfilment "There is a Fill after the Full." What happens if we fill after it is full? It overflows. Let it overflow and reach everyone. That is the purpose. Many times he was speaking on fulfilment. Fulfilment is the key note of his Yoga. So that is how May Call came.

Also in tune to the ordinary wheel, he took December 29 also as a day of initiation to ensure fulfilment also in the objective life. The yoga of Master CVV does not envisage withdraw from the world. In the path of Master CVV, fulfilment is ensured both in objective life and subjective life. That is where Raja Yoga is. You will have a splendid life in the outer world. He planned an all round development - both outer development and inner development. Master CVV is fond of all round development. He doesn't want Yoga students to be a failure in outer life. He himself was very successful in his outer life. He served as the Mayor of Kumbhakonam. He was an elite member in the society. Kings, poets, scholars, musicians etc. used to visit him regularly. Those who knew him very well in his social life did not know how deep he is in the other side of his life. Master was equally busy in the subtle world as well in the outer world. That is how he gave December Call.

Therefore there is an outer fulfilment planned. These 2 days are additionally given apart from Solstices and Equinoxes. We should not throw away these 6 days. We need to orient towards the energies during these 6 days. They are very important in the Yoga of Master CVV.

Now we are participating in the 104th May Call. The first May Call was in 1910. The keynote is number 5 and it happens on Wednesday. So the key planet is Mercury which is planet number 5. And the month is Gemini. Gemini is also ruled by number 5. See how things coincide, which we generally do not observe. The ability to observe has to grow.

So we are presented with the energy of number 5, the energy of Gemini and the energy of Mercury. Gemini stands for duality. Man is in duality. One has to transcend the duality, stand above it and experience the splendour of duality joyfully. You cannot choose one and reject the other. That is where the synthesis is. Pleasure and pain, health and ill-health, day and night, etc. are not mutually exclusive. If there is day here, there is night somewhere else on the planet. They are together. So the ability to accept duality is the key note of Yoga which is very well solved by number 5.

Normally people have been thinking of May Call only as 29th May. But every important day should have its own preparation. If we have exams, don't we prepare? If we are planning for a marriage, don't we prepare for it? The preparation begins very early for marriage because marriage is very important. For all important tasks we have preparation. Similarly we should prepare to receive the Master's energies at least from a day before. I even started May Call Celebrations as early as on 25th May. At least we should start on 27th May so that we have a day and half for preparation. It takes 3 days to reasonably bring change in the physical, emotional and mental planes of the human being and receive the sublime energies as they descend on May Call. Normally we have to clear our debris that we gather in our daily routine. Daily prayer helps in our preparation to a certain extent. But we need special preparation for us to receive the sublime energies. For a higher purpose, you must be

oriented better. An astronaut cannot eat a pizza and walk into the rocket that is ready for launching. The astronauts are prepared for a long period before the rocket launch. Even after he lands back, there is quarantine period for him. He has to stay and slowly get acclimatised to this world. Therefore there has to be a day after the day after the initiation to digest the energies received. So a day before and a day after is minimum requirement. In the ambience also there would be re-arrangement of arrangements. 5 elements are re-arranged in the hall as we receive the energies of May Call. There is cleansing in the hall.

Therefore this preparation is needed. Just coming and sitting like a hot potato for the morning and evening prayers will not help you. There has to be a preparation for the morning prayer and evening prayer. So you need to sit a few minutes before prayer so that the orientation is better. If you do some stotrams before prayer, it is still better. This kind of orientation is very important. Without this, one is not fit to receive the energies that are descending, for re-arrangement in one self. The whole work is to eliminate the undesirables and to allow the desirable to take its shape within. What is desirable is already within us. Nothing needs to be brought from outside. Only the undesirables are to be eliminated. Just like the sculptor eliminates the extra stones and the statue appears.

When you are oriented, Master works within us and initially removes all that is undesirable. Once all that is undesirable is removed, the original remains. We are all made in the image and likeness of the Cosmic Person. Each one of us is as beautiful as the Cosmic Person. 27 intelligences come together to form the Cosmic Person and from him the creation comes. All this is explained in Purusha Sukta.

So we are images of the Cosmic Person. The only thing is, there are impurities gathered in us due to our ignorance and egoism. We have many likes and dislikes. Not liking or excessive liking is a sickness. Egoism and Ignorance bring desire and awareness. That is where man is stuck.

So there is a way to eliminate all this in a smooth manner so that the divine image is saved. Therefore the work of Yoga is to eliminate what is undesirable in us and to remain with what is desirable in us. The desirable in us takes to a very good shape and it is magnetic, electric and it keeps helping the surroundings and it is in tune with the divine plan. It continuously rejoices in divine presence.

Then we can join the divine Plan and work for the surrounding life. All the grand sages and Masters are such ones. We can also be one among them through our sincere orientation.

The teaching, the prayers and the service that we do has only one orientation, which is to re-orient ourselves so that we are fit to be part of one plan which is eternal. May it be so with all of us. I am very happy to see all of you coming from far off places within India and outside India from North America, South America and Europe. I welcome you all and may you all receive the energies of Master during this May Call. May we all try our very best to be oriented to receive the energies of the Master. Do not be excessively emotional or expectant about the energies. It blocks the inflow of energies coming from the Master. Just be normal and not abnormal.

Thank you.